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Laura Morton has written over thirty books with a range of celebrities. starting with Joan Lunden s Healthy Cooking Laura's also released,

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[a practical, inspirational guide to creating balance in your life]. [Joan Lunden; Laura Morton] Healthy living: Responsibility: by Joan Lunden and Laura Morton.

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A best selling author, her books include Joan Lunden's Healthy Living, Joan Lunden's Healthy Cooking, Wake Up calls, A Bend in the Road is not the End of the Road,

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Lunden was born as Joan Elise and also Texas Governor George and Laura Bush prior to the younger Bush's 2000 Joan Lunden's Healthy Living - ISBN 978

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